

Volume 3, Issue 1

DISTRICT 4 HRDC  
MISSION STATEMENT

To stimulate a better focusing of all available local, state, private, and federal resources upon the goal of enabling low-income individuals of all ages to attain the skills, knowledge, and motivations, and secure the opportunities needed for them to become fully self-sufficient.

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# District 4 HRDC

## Winter Wonder Land



NMCDC 0 - 3 PLAYGROUND

Buffalo Court

Fern Lohse Site Manager



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## Child Care Link

Vicki Wilkins Director



“A Christmas Carol” was the theme of our hallway in HRDC’s 3rd annual Christmas decorating contest. Child Care Link’s portion of the hallway featured the Ghost of Christmas Past. Local school children toured the hallways while local residents had a chance to view the hallways during our 1st annual “Chili and Chat”. As a member of Hi-Line Child Care Association, Child Care Link staff participated in the annual tree decorating at Holiday Village Mall.

## Child Care Link- Trainings



CPR & First Aid Dates  
 March 2, April 27, and June 1, 2013  
 9:00 AM-2:00 PM ~ Two Year Certification  
 Call Kathy at 265-6743 ext. 1112  
 for more information or to register. Cost – \$35



Find us on  
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**Facebook.com/District 4 HRDC  
 Child Care Link**

Parenting classes are currently being scheduled. Classes are available for parents with children birth to age 5 as well as for parents with children ages 5 to 12. Parents will gain an understanding of child development and learn about age appropriate expectations of children. Call 265-6743 ext. 1109 or 1110 for additional information on class dates and times or to pre-register for upcoming classes.

## WIA Adult Program

Andi Daniel, Employment & Training Director

The WIA program serves adults 18 and older. The program's main objective is to assist participants in finding and retaining employment. We work with community employers to provide on the job training and in some cases, help participants become certified in many different fields through specialized classes or degree programs. Referrals: Our Employment Specialists will work with you to get you the training you need to be employed. Supportive Services: Funding to help you over the "rough spots" and keep you on track working towards your goal of employment. Other services include Résumé preparation, Interviewing preparation, Application tips, Transition to Work Inventory, Internet access for job hunting, Workshops, One-on-one employment counseling, Interest Surveys and Career Exploration.

## WIA Youth Program

Andi Daniel, Employment & Training Director

The WIA program serves youth 16-21 years old. The program's main objective is to assist participants in finding employment and completing high school or obtaining a GED. We work with community employers to provide paid work experience opportunities and, in some cases, help participants become certified in many different fields through specialized classes or degree programs.

**PAID WORK EXPERIENCE:** The Workforce Investment Act will pay basic wage, including FICA and Workers Compensation.

**Adult Basic Literacy & Education:** The ABLE learning center assists persons 16 years or older with GED preparation and literacy level improvement

**Referrals:** Our Employment Specialists will work with you to get you the training you need to be employed.

**Supportive Services:** Funding to help you over the "rough spots" and keep you on track working towards your goal of employment.

Other services include Résumé preparation, Interviewing preparation, Application tips, Transition to Work Inventory, Internet access for job hunting, Workshops, One-on-one employment counseling, Interest Surveys, and Career Exploration.

For more information regarding these programs, please contact Celina at 265-6743 x 1103



Facebook.com/hrdc4eandt

## Enroll now for Head Start

### NMCDC Child

#### Applications:

The NMCDC Head Start program is taking applications for the current year and the 2013-2014 school year.

HRDC receives funds to provide an early childhood experience for Head Start (151 slots) and Early Head Start (60). Recruitment is ongoing. Head Start serves children who are turning 3 years old by September 10<sup>th</sup> and are not kindergarten eligible. Early Head Start serves prenatal mothers and children younger than 3 years old. All Head Start programs are different depending on the funding that is provided. The Head Start program offers services September through May. It is a 3 ½ hour a day program that includes transportation to and from the child's home, childcare facility or any place that is in our travel area. We work with the parents to provide a class time for their child that helps the families with their schedules. A typical day at Head Start is packed full of learning activities and daily routines. Lots of people think the children who attend just play. This is true but the play is packed with intentional learning. Some examples are: playing with play dough is a fine motor skill which

develops muscles in the hand for writing. Children helping with setting the table learn math skills such as counting. Outside play for gross motor includes learning self help skills with coats, hats and mittens. Head Start also works with children that may have concerns such as speech or cognitive delays that are best caught early and may be corrected before entering into a primary setting. Three options are available at Head Start depending on the area. Havre has classroom options for four days a week Tuesday to Friday, a combination option is offered in Rudyard on Tuesday and Thursday with two home visits a month, and the Home base option is offered in Hill, Blaine and Liberty counties. Children who are the ages of birth to 3 yrs old on or before September 2013 may be eligible for the Early Head Start program. Services are provided year round with a start time in August. The services at Early Head Start are for the most part the same as Head Start, with a little bit different options. Center based is for families who are in need of a childcare setting, proving a need of at least 20 hours or more of care for

their child due to work, school or TANF requirements. Home base is for anyone that can make the commitment to work with one of the teachers in their home weekly. For more information, call 265-6743.

## What do your children learn when they play at NMCDC?

When your child comes into the classroom, the teachers have planned the environment and activities to enhance their learning. Play is how children learn.

### **Motor/Physical Play**

Motor play provides opportunities for children to develop gross and fine muscle strength and an overall integration of muscles, nerves, and brain functions. Young children must have ample opportunities to develop physically, and motor play instills this disposition toward physical activity. With so many American adults experiencing health problems from being overweight, we have a responsibility to encourage physical activity in young children.

### **Social Play**

By interacting with others in play settings, children learn social rules such as, give and take, reciprocity, cooperation, and sharing. To be prepared to function effectively in the adult world, children need to participate in lots of social play.

### **Constructive Play**

This type of play occurs when children build towers and cities with blocks, play in the sand, construct contraptions on the woodworking bench, and draw murals with chalk on the sidewalk. Constructive play allows children to experiment with objects; find out combinations that work and don't work; and learn basic knowledge about stacking, building, drawing, damming, and constructing. It also gives children a sense of accomplishment and empowers them with control of their environment.

### **Fantasy Play**

Children learn to try out new roles and

possible situations, and to experiment with language and emotions with fantasy play. In addition, children develop flexible thinking; learn to create beyond the here and now; stretch their imaginations; use new words and word combinations in a risk-free environment; and use numbers and words to express ideas, concepts, dreams, and histories. In an ever-more technological society, lots of practice with all forms of abstraction-time, place, amount, symbols, words, and ideas are essential.



North Central Montana Transit  
2012 - 2013 Schedule

Blue Line \$1.00 One Way Fare

Have Rocky Boy Service (M-F)

Morning route

Park & Ride (Old IGA lot)	6:45 AM
Rocky Boy Clinic	7:20 AM
Rocky Boy High School	7:25 AM
Stone Child College	7:40 AM
Box Elder (Box Elder School)	7:55 AM
MSUN SUB/Cowen Hall	8:20 AM
Northern MT Hospital	8:25 AM
Clinics (Medical Gp East, Bullhook, VA)	8:30 AM
IGA	8:35 AM

Afternoon route

IGA	3:00 PM
Clinics (Medical Gp East, Bullhook, VA)	3:05 PM
Northern MT Hospital	3:10 PM
MSUN SUB/Cowen Hall	3:20 PM
Park & Ride (Old IGA lot)	3:25 PM
Holiday Village Mall	3:30 PM
Walmart	3:35 PM
Box Elder (Box Elder School)	4:00 PM
Stone Child College	4:15 PM
Rocky B. High School/ Agency	4:25 PM
Rocky Boy Clinic	4:30 PM
Park & Ride (Old IGA lot)	5:10 PM

\$1.00 One Way Fare

Ft. Belknap to Have (M-F)

Morning Route

Ft. Belknap (Kwik Stop)	6:40 AM	8:00 AM	5:00 PM
Harlem (EZ Mart)	6:45 AM	8:05 AM	5:05 PM
Chinook (PA & Hwy 2)	7:15 AM	8:35 AM	5:35 PM
Have IGA	7:40 AM	9:00 AM	
MSUN SUB/Cowen Hall	7:45 AM	9:05 AM	
Northern MT Hospital	7:55 AM	9:10 AM	
Clinics (Medical Gp East, Bullhook, VA)	8:00 AM	9:15 AM	
Park & Ride (Old IGA lot)	8:05 AM	9:25 AM	6:00 PM
Holiday Village Mall	8:10 AM	9:30 AM	
Walmart	8:20 AM	9:35 AM	
Have to Ft. Belknap			

Harlem Shuttle \$1.00 Way Fare

Have to Harlem Shuttle (M-F)

Morning Route

Park & Ride (Old IGA lot)	6:45 AM
Chinook (4th and Ohio)	7:15 AM
Harlem Elem. School	7:45 AM
Harlem High School	7:55 AM

Afternoon Route (Mon-Thur)

Harlem Elem. School	4:00 PM
Harlem High School	4:10 PM
Chinook	4:40 PM
Park & Ride (Old IGA lot)	5:15 PM

Friday

Harlem Elem. School	2:30 PM
Harlem High School	2:40 PM
Chinook	3:20 PM
Park & Ride (Old IGA lot)	4:10 PM

Green Line \$ 20.00 Round Trip, \$10.00 One Way Fare

Great Falls Service (Tuesdays & Thursdays)

Ft. Belknap (Kwik Stop, Tribal Office, College)	6:40 AM
Harlem (EZ Mart)	6:45 AM
Chinook (PA & 1st St.)	7:15 AM
Have IGA	7:40 AM
MSUN Northern SUB/Cowen Hall	7:45 AM
Northern MT Hospital	7:50 AM
Clinics (Medical Gp East, Bullhook, VA)	7:55 AM
Park & Ride (Old IGA lot)	8:00 AM
Laredo (Northern Winz)	8:40 AM
Box Elder (Jitterbugs)	8:50 AM

Arrive Great Falls

GTF Transfer Center (4th St. & 1st Ave S.)	10:10 AM
Benefits West	10:20 AM
Benefits East	10:30 AM
GTF International Airport	10:45 AM

Depart Great Falls

GTF International Airport	2:15 PM
Benefits East	2:30 PM
Benefits West	2:40 PM
GTF Transfer Center (4th St. & 1st Ave S. GTF)	2:50 PM
Box Elder (Jitterbugs)	4:10 PM
Laredo (Northern Winz)	4:20 PM

Arrive Have

Walmart	4:40 PM
Holiday Village Mall	4:50 PM
Park & Ride (Old IGA Lot)	4:55 PM
MSUN Northern SUB/Cowen Hall	5:00 PM
Northern MT Hospital	5:10 PM
Clinics (Medical Gp East, Bullhook, VA)	5:15 PM
IGA	5:20 PM
Chinook (PA & 1st St.)	5:45 PM
Harlem (EZ Mart)	6:10 PM
Ft. Belknap (Kwik Stop, Tribal Office, College)	6:20 PM

\* 11:00 to 12:45 route runs MWF only

## Thank You and Thank You!

The Domestic Abuse Program would like to thank the following organizations and people for their amazing and thoughtful contributions this holiday season:

- The Eagle Riders
- Devon Energy and Havre Pipeline
  - Triangle Telephone
  - Catholic Daughters
    - Jill Rehber
  - Highland Park Elementary
    - Scott Bergren
    - Judy Gomke
  - Border Patrol Agent Bill Kilgore
- Border Patrol Agent Johnny Doucette
- and many others that we may have forgotten to mention!

Thank you, so very much again, for your generosity of spirit!



## HRDC New Recycle Bins



The Green Team has agreed to pick up the recyclables bi-weekly. Thank you !

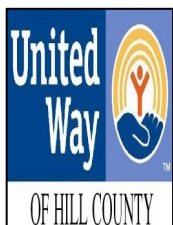


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Domestic Abuse Program

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**NMCDC serves children  
ages 0 to 5 including  
children with moderate  
to severe disabilities.  
NMCDC is free to all families.**



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