Northern Montana Child Development Center

Cindy Sinclair

-Child Services Director

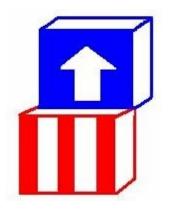
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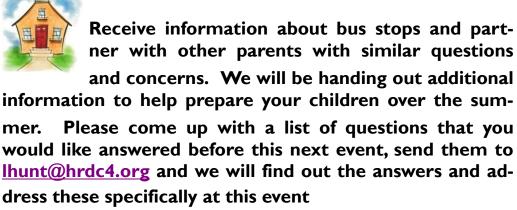
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NMCDC Monthly News

APRIL MAY 2014

GETTING READY FOR KINDERGARTEN









Jen & Desiree

Classroom News

Crystal & Shannon

We will be swimming Thursdays in April from 2:30 until 3:30, any help welcome when it is time to get the kids changed. Also you are always welcome to join us in the pool or even just to visit us in the classroom. Remember to send your child in their swimsuit under their clothes, dry undies and a towel in a bag and please remember to mark your child's belongings.

Lora & Tyler

Francis & Karen

We have had an awesome swimming experience! I am very appreciative of the parents and grandparents that have joined us at the pool. Thank you for all the help!!! These little friends of ours are so brave. We will be planting flowers and vegetables in April and May and hopefully we will get to spend more time outside. It's crazy to think about the year being so close to the end, we will miss all of the children over the summer.

Jasi's Combination Class

We are excited to welcome Amanda in our class-

For April and May we will be exploring spring with some new pets in our classroom. We will also be taking a walk to a near by park and having our be taking a walk to a near by park and having our first field trip! Our time has really flown by and it's hard to believe we have had class for 8 months it's hard to believe we have had class for 8 months in ow! On home visits we will be exploring your now! On home visits we will be exploring your neighborhoods and making a collection of what we can find! Thanks for sharing your children with us and Please return all at home in-kind calendars that you have.

J Jasi & Amanda J

During the month of April we will be swimming every Wednesday! Anybody who wants to come and join us at the pool is more than welcome. In class we will also be exploring bugs and hatching butterflies and doing some spring planting. This year has flown by! Thank you for sharing your children with us. Joni & Ashley

Leanna & Amber

In the month of April we will be exploring spring and planting. In the month of May we will be exploring with bugs. We will be growing butterflies and lady bugs in our classroom. You are more than welcome to join us in class to play or eat a meal with us. Thank you for sharing your children with us. They have been a joy to get to know.

In **Bless Your Stress** (East Lansing, MI: Yes Press, 2006), Leslie Charles and Mimi Donaldson describe their approach to ridding your body of stress, the way the Heimlich Maneuver is used to dislodge objects from your throat. Here is how their stress-busting technique, dubbed the "Heim-like Maneuver," works...

"Sit quietly for a moment. Shut your eyes and gently place your hands on your diaphragm with your thumbs touching the point where the Heimlich Maneuver would be administered. Behold your beating heart. Smile just a little bit and take a moment to appreciate yourself.

"Take a deep breath, pause for a couple of seconds, and then slowly exhale. Relax your face, your jaw, your shoulders, your thighs; anywhere you may feel tension. Feel the rhythm of your rising and falling breath and the cadence of your heartbeat. Let a wave of stress leave your body with each exhale.

"Once you establish your breathing rhythm, slowly drop your hands onto your lap for more relaxation...."

Bridget Kallenberger has set up a donation account for NMCDC. This is one of the fundraisers Policy Council is working on this year. This one seems very simple and easy to do. . Don't have the time or money to help raise money for Head Start & Early Head Start (Northern Montana Child Development Center)? We have the solution for you ——SHOPAROO!!!! Shoparoo is a FREE iPhone and Android app that turns pictures of shopping receipts into a cash donation. It's quick, easy and convenient — shop ANYWHERE you want, buy whatever you normally buy. Just take a quick moment to snap a picture of your receipt and voila — you've made an instant cash donation to NMCDC. Login and find "Northern Montana Child Development Center" today to begin helping your local Head Start and Early Head Start.

Funds raised go to purchase craft/education items for classrooms as well as Santa gifts every year at Christmas. Without fundraising these opportunities would not be available. If you would like to know more about fundraising please contact your classroom advocate. If you aren't sure who this is ask your child's teacher.

NORTHERN MONTANA CHILD DEVELOPMENT CENTER IS

LOCATED AT 1360 LINCOLN AVENUE AND 2229 5TH AVE, HAVRE MT 59501 PHONE: 406-265-6794(HS) 406-265-5810 (EHS) 265-6794(HS) 406-265-5810 (EHS)

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The Three-Period Lesson As a parent interested in the Montessori method, the three-period lesson, a hallmark of Montessori education that helps young children learn vocabulary and concepts. In simple terms, the three steps, or periods, are:

- 1. Naming (Introduction) "This is a dog."
- 2. **Recognizing** (Identification) "Show me the dog."
- 3. Remembering (Cognition) "What is this?"

The three-period lesson was developed by Edouard Seguin, a French physician who worked with special needs children in France and the United States during the late 19th century. He discovered ways to increase children's cognitive abilities and believed in the importance of developing their self-reliance and independence. Sequin's writings were a major inspiration to Maria Montessori and the source of many of her practical ideas. ***Your role as your child's first teacher is not the same as a trained educator. Quite naturally, you have been using the three-period lesson as you communicate with your baby and toddler. Your use of this "lesson" is much more informal than in a classroom setting. It is a tool to allow you to see your child's knowledge of a particular concept, and a technique to keep in mind throughout his childhood.

The First Period: "This is _____.

*You have been naming people, places, and things for your baby from the very beginning. These names are used over and over, clearly isolating and identifying objects with one-word descriptions. The baby hears the sounds and begins to understand language. Children will not distinguish differences at this early age - for example all people may be "mama" or all animals might be called "dogs." Lots of names are learned before a child learns to speak, and understanding often comes before a child is able to verbalize. ***Learning takes place through all the senses, not just by hearing. Babies touch, taste, squeeze, smell, push, and manipulate everything. As you identify concepts such as "hot" or "cold," children not only learn the vocabulary but they also experience the quality. They miraculously internalize the world through all their senses. Montessori refers to this innate ability as the "absorbent mind." The ***This

Second Period: "Show me _____."

stage of learning is the longest, and your child needs to have many, many experiences hearing the names of things. You may have noticed that your child looks in the direction of an object you name. She is indeed connecting the word with the object. Later, your little one understands simple instructions. Montessori identified how important movement is for learning, so play games that incorporate movement. For example, ask your child to find the ball and bring it to you. Peek-a-Boo games help children learn during the second period. "Where is Teddy? There he is!" Naming games are fun for children whether reading together, riding in the car, or playing "I Spy" at home. "Where's the horse?" "Find the red balloon." "Where is your excavator?" Enjoy watching your child absorb information about the world, and recognize objects. There is no reason to hurry on to the third period until your child has fully experienced and learned vocabulary during this second level of learning. This process might continue for months, weeks, or days.

***Although some call the third period "the test," don't ask your child a vocabulary question until you know he will be successful. Recall how delighted you were when your child first said "Mama" or "doggie." When the child can name something, it signals cognition, the third step of learning.

***If you ask, "What is this?" your child might not know. This tells you that more repetition and experience is needed. Never indicate that your child has failed. Just go back to the second period. Play more naming games, reintroduce vocabulary while you talk about what you see, and then enjoy your child's amazing "absorbent mind."

"The purpose of the three-period lesson is to help the child to better understand...and to allow you to see how well the child is grasping and absorbing what you are showing him.

—Elizabeth Hainstock, *Teaching Montessori in the Home*— by Jane M. Jacobs, M.A., Montessori Educational Consultant at Montessori Services. She is a trained primary Montessori directress and also a Licensed Marriage and Family Therapist. She has taught children aged 2 to 7 years in Montessori schools, Headstart, and also in a preschool for children with developmental challenges. In her counseling practice, she helps individuals, couples, and families.

The Toddler's Creed

If I want it, it's mine

If I give it to you and change my mind later, It's mine

If I take it from you, It's mine

If I had it a little while ago, It's mine

If it's mine it will never belong to anyone else

No Matter What!

If we are building something together, All the pieces are mine

If it looks like mine, It's mine Ann Van Passel



Have a

Great



Let's Get Ready - Planning Together for Emergencies and much more!



Here is a fun link to some resources that could be used for you and your

children. There are many different topics and fun activities for you to explore. Enjoy!

http://www.sesamestreet.org/parents/topicsandactivities/



Bus Transportation News

Hello:

Bus staff:

Transportation Supervisor, Bus Driver: Cindy Fitzpatrick

Bus Drivers: Cindi Armstrong, Amanda

Bus Assistant: Cassie, Darlene

HRDC BUS ASSISTANTS: Gal, Kolton Phone no: 406-265-6794 Ext: 2018





NORTHERN MONTANA CHILD DEVELOPMENT CENTER.
CHECK US OUT ON FACEBOOK www.hrdc4.org



IN-KIND

We encourage everyone to turn in their **at home monthly In-Kind**. Outstanding volunteers will be selected for a "special" reward in their honor. This could be you! There are a lot of areas to Volunteer, Ask your teacher for ideas. Come in, visit us and have lunch with your child. THANK YOU



REMINDER:

In order to promote wellness and maintain a safe, healthy, and efficient work environment, all HRDC and NMCDC programs and services will be conducted in a smoke-free environment. This policy applies to all persons in the District IV HRDC's facilities.



Please remember that no one may smoke anywhere on District IV HRDC's (including all NMCDC properties) premises at any time.

ALSO: Remember the Smoke Free Pledge discussed during Parent Orientation

"I commit to having a smoke-free home and car during the upcoming enrollment year."

Thank you for cooperating!

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.



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--OR CURRENT OCCUPANT-

Dates to Remember **April HS Closed/EHS Open HAPPY EASTER** 17 - 18 - 2117 Policy Council—5:30p.m. at HRDC 22 Transition meeting at Highland Park School: Time: 5:00pm to 6:30pm (It's a pizza Party) 24 Classroom Meeting Night 5:30 at HRDC May Policy council—5:30pm at HRDC 15 **End of year BBQ** 15