



# DISTRICT 4 HRDC

Quarterly Newsletter-Winter 2023

## HiSET Test Schedule

### Havre:

February 7th & 28th  
March 14th & 28th  
April 11th & 25th  
May 9th & 23rd  
June 13th & 27th

### Ft. Belknap:

February 17th  
March 17th  
April 21st  
May 19th  
June 16th

### Rocky Boy:

February 15th  
March 22nd  
April 19th  
May 17th  
June 21st

For more information contact:

### HiSet Prep

Trisha Williams Ferry  
265-6743  
ferryt@hrdc4.org

### HiSet Registration

Greg Tilleman  
265-6743  
ttillemang@hrdc4.org



## NMCDC Hosts Obstacle Course-Themed Family Fun Night

On January 10th NMCDC hosted a Family Fun Night for the Head Start and Early Head Start families. The theme was obstacle courses. A course for the 0-3 year old children in Early Head Start was set up as well as a separate course for the 3-5 year old children in Head Start. Dinner was also served at the event. It was a great time for adults and children alike. The next Family Fun Night is scheduled for Tuesday, February 21st at 5 pm.

Upcoming  
Agency  
Closures:



February  
20th



March  
10th



April  
7th

## HiSet Testing Continues Despite Changes

The Employment and Training Department at HRDC4 is continuing to offer services to individuals in Hill, Blaine, and Liberty counties and recruiting new clients to aid them on their journey.

HiSET testing is still occurring but has seen some changes with the company that runs the testing. HRDC4's staff are working to make this transition as smooth as possible; we are working with the new company along with other testing centers around the state to solve issues as they arise and ensure that the HiSET testing offered is of the best quality.

The Pathways program is excited to begin working with full-time college students who are parents that could use an incentive for progressing toward their educational goals; we recently received approval for a budget change that allows us to offer this program.

Please visit with Greg, Carol, or Kiera at (406) 265-6743 to learn more about how they can help advance people to training, educational, and employment goals.

## Conscious Discipline Training Comes to the Hi-Line

In December of 2022 NMCDC sponsored a Conscious Discipline training, which brought a Master Trainer named Amy to Havre. NMCDC was able to invite both the Rocky Boy and Fort Belknap Head Start staff and about 40 of their educators and support staff were able to participate in the training.

Conscious Discipline is a trauma-informed, evidence-based social/emotional learning tool, with our training geared towards children aged 0-5. The training has already provided a better understanding of a child's social/emotional needs, as well as shifted the educator's perspective on behavioral encounters as opportunities to teach new skills.

All NMCDC staff will incorporate the Conscious Discipline approach in their classrooms, providing better social/emotional learning and creating a culture of compassion.

# WIOA Wants YOU!

The Workforce Innovation Opportunity Act (WIOA) Youth Program has room for out of school youth aged 16-24. HiSET, job training, paid work experience, and help with college registration are just some of the services WIOA has to offer! For more information please call 406-265-6743.



## **Havre Community Food Bank keeps Hill County Fed through the Holidays**

HRDC 4's Havre Community Food Bank is busy serving the residents of Hill County. HRDC 4's Emergency Services Specialist who was hired in September 2022 is managing the food bank and helping to ensure quality service.

The Annual E.L.F.F. (Everybody Loves Fire Fighters) Food Drive was a success collecting over 2700 pounds of non-perishable foods.

The Holiday Basket program ran in partnership with the Salvation Army was also a success helping over 50 families with a Thanksgiving or Christmas meal. In addition, the Havre Community Food Bank was able to offer hams or turkeys to families who did not sign up for the full Holiday baskets.

The Havre Community Food Bank looks forward to continuing to serve our community and appreciates the donations the food bank receives as it is what the Food Bank relies on to stay funded.

## **LIHEAP Still Accepting Applications**



During the weeks of September 19, 2022 through November 30, 2022 the Low-Income Home Energy Assistance Program (LIHEAP) has assisted 175 households with receiving help paying their home utility bill. With these past couple of months being cold and more cold months ahead HRDC is encouraging others to apply.

There are other benefits that come with applying for LIHEAP such as: assistance with water and sewer waste/water bills, Weatherization, and furnace and water heater repairs/replacements. All of these services are offered with one application and the same documents. Call 406-265-6743 or stop by HRDC 4 at 2229 5th Ave. in Havre for assistance.

Action for Eastern Montana is currently providing the Weatherization Program for Blaine, Hill, and Liberty Counties for the LIHEAP clients of HRDC 4 and all qualifying Rocky Boy and Ft. Belknap Reservation LIHEAP clients. For all questions concerning Weatherization contact the Weatherization Program at 406-377-3564 or 1-800-227-0703.